

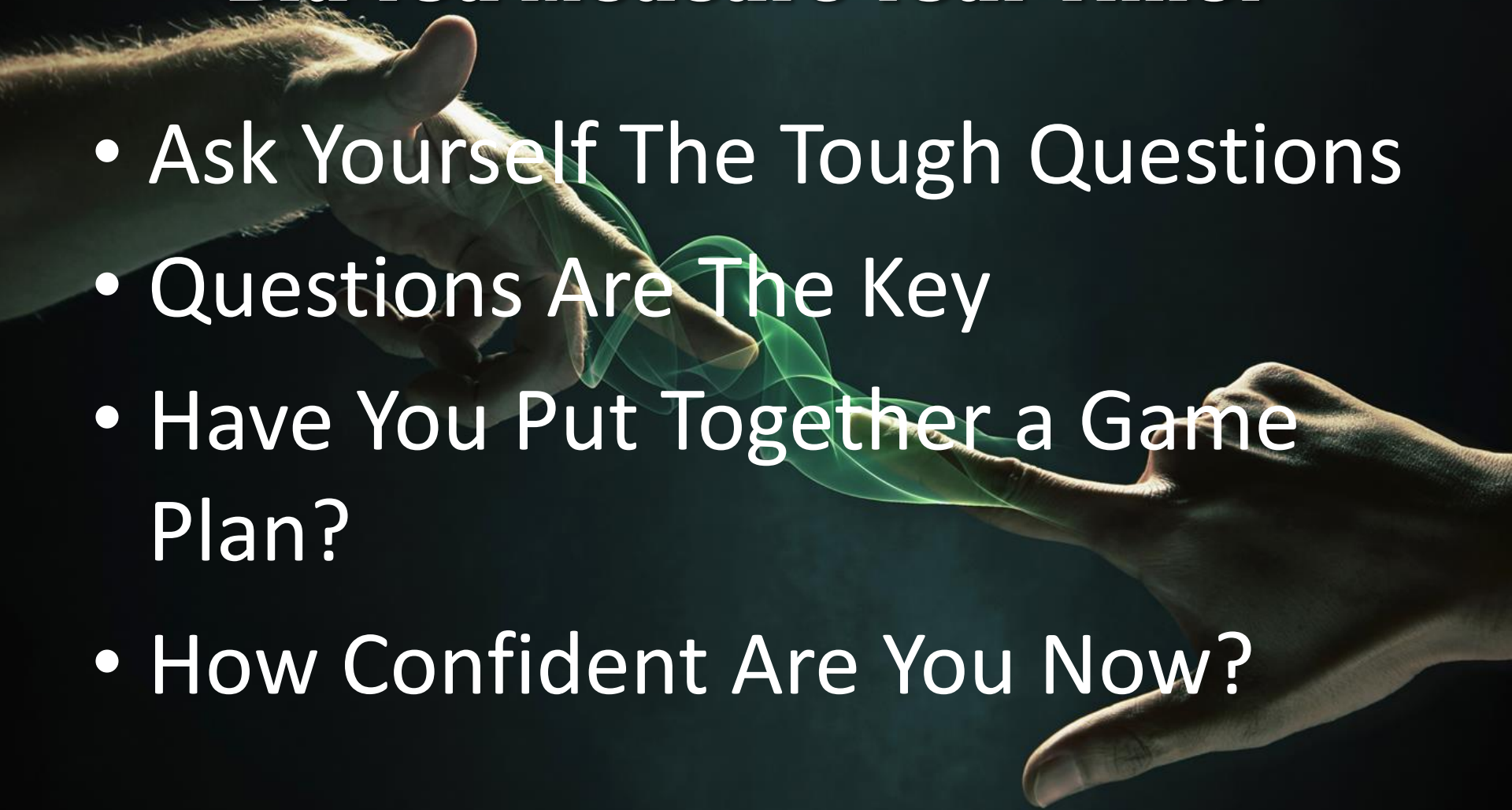


The Mind Force Method

“The 4 Quadrants”

Did You Measure Your Time?

- Ask Yourself The Tough Questions
- Questions Are The Key
- Have You Put Together a Game Plan?
- How Confident Are You Now?



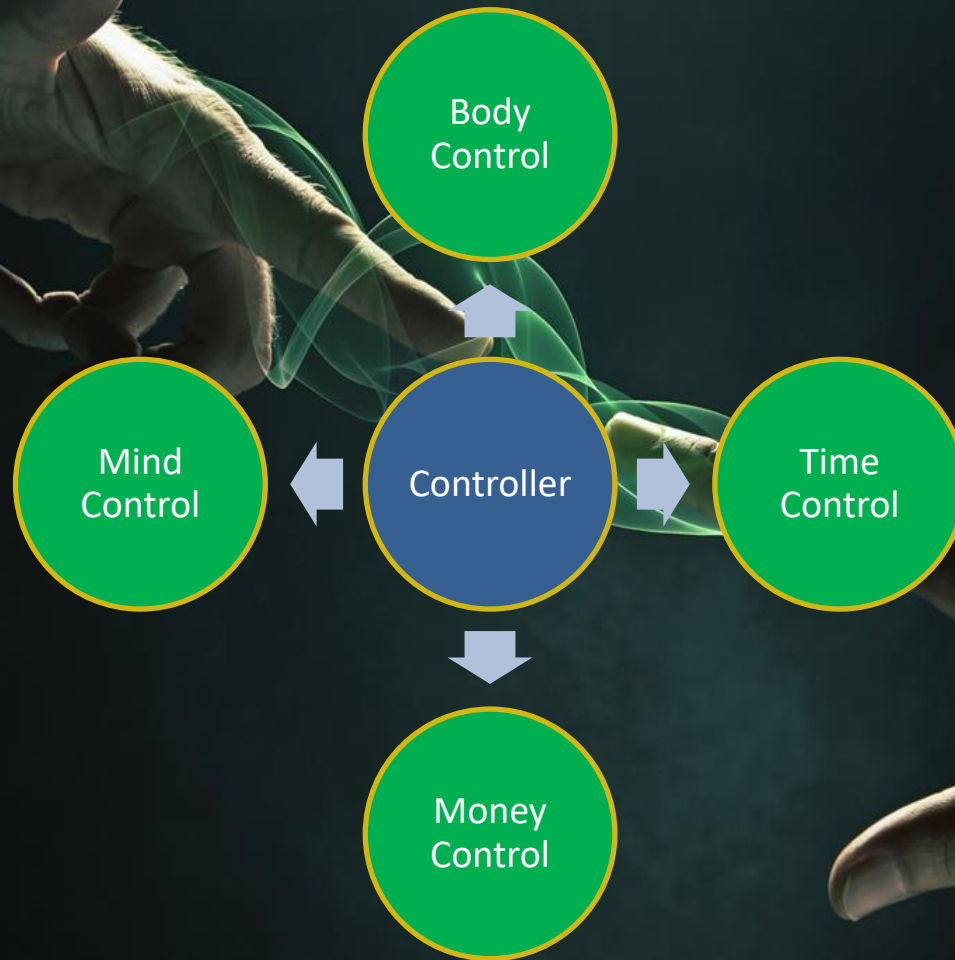
The 80/20 Rule

- 80% Comes from 20% of Any Activity
- Based on Pareto's Law
- After Measuring, You've Seen This to Be True
- Apply This 80/20 Rule to Your Mind
- Once You Find Out The 20, Cut Out The 80

The 4 Pillars or Quadrants of Power

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- The background of the slide features a dramatic image of two hands, one from the left and one from the right, reaching towards each other. Between the hands, there are several overlapping, translucent green waves that resemble energy or light, creating a sense of tension and power. The lighting is low, with the hands and the green waves being the primary sources of illumination against a dark background.
1. Body Control
 2. Mind Control
 3. Money Control
 4. Time Control

Overview of The 4 Quadrants






The Mind Force Method

“Body-Mind-Money-Time Control”

Dynamic Health & Fitness

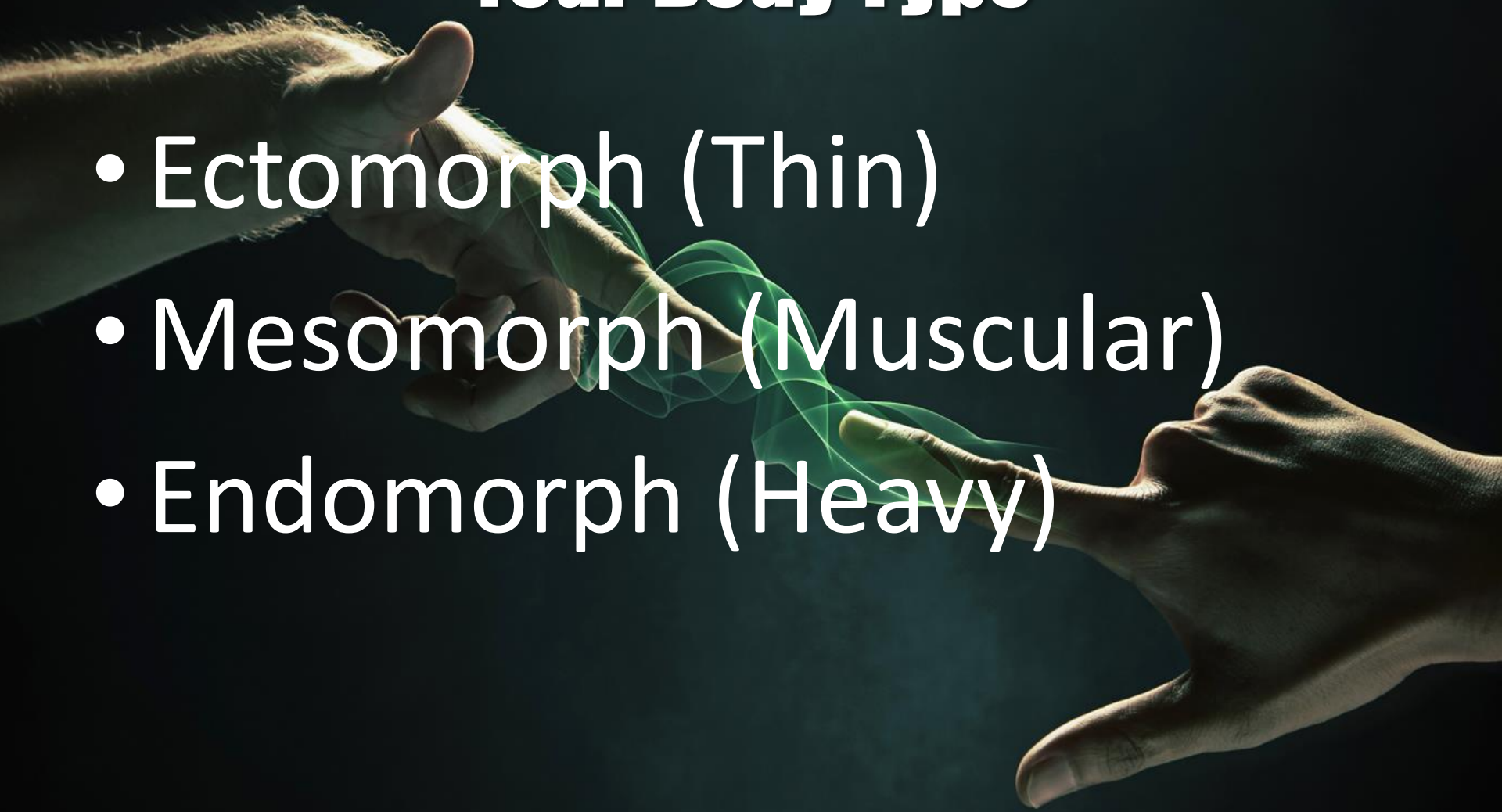
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- The background of the slide features a close-up of two hands, one from the left and one from the right, reaching towards each other. Between the hands, there are several translucent, wavy green lines that resemble energy or light, creating a sense of dynamic movement and connection. The hands are positioned as if they are about to grasp each other, with the fingers slightly curled. The overall lighting is dramatic, with the hands and the green waves standing out against a dark, almost black background.
- Do You Desire to Be In Great Physical Shape
 - Esoteric Body Skills
 - Extreme Conditioning
 - Externalization of Qi
 - Changing your Internal Body
 - How Much Time Do You Spend Measuring Your Body?
 - Are You Confident With Your Body?

The Myths

- You Have to Live a Puritan Lifestyle
- It Depends on How Old You Are
- You're Too Far Gone
- Can't Do it Yourself
- Have to Eat Foods You Don't Like & Do Exercises You Don't Want to Do

Your Body Type

- Ectomorph (Thin)
- Mesomorph (Muscular)
- Endomorph (Heavy)



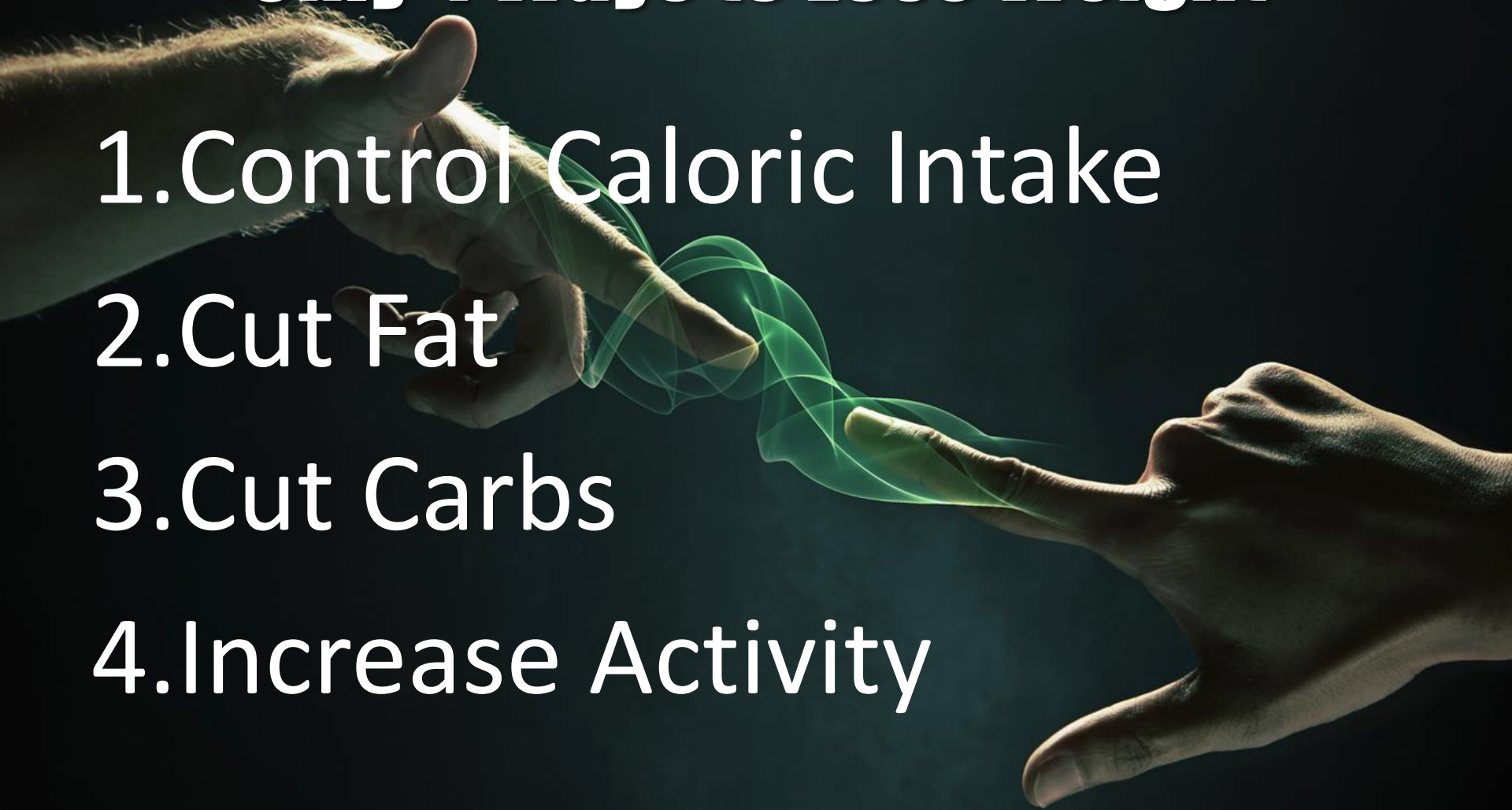
Only 4 Ways to Lose Weight

1. Control Caloric Intake

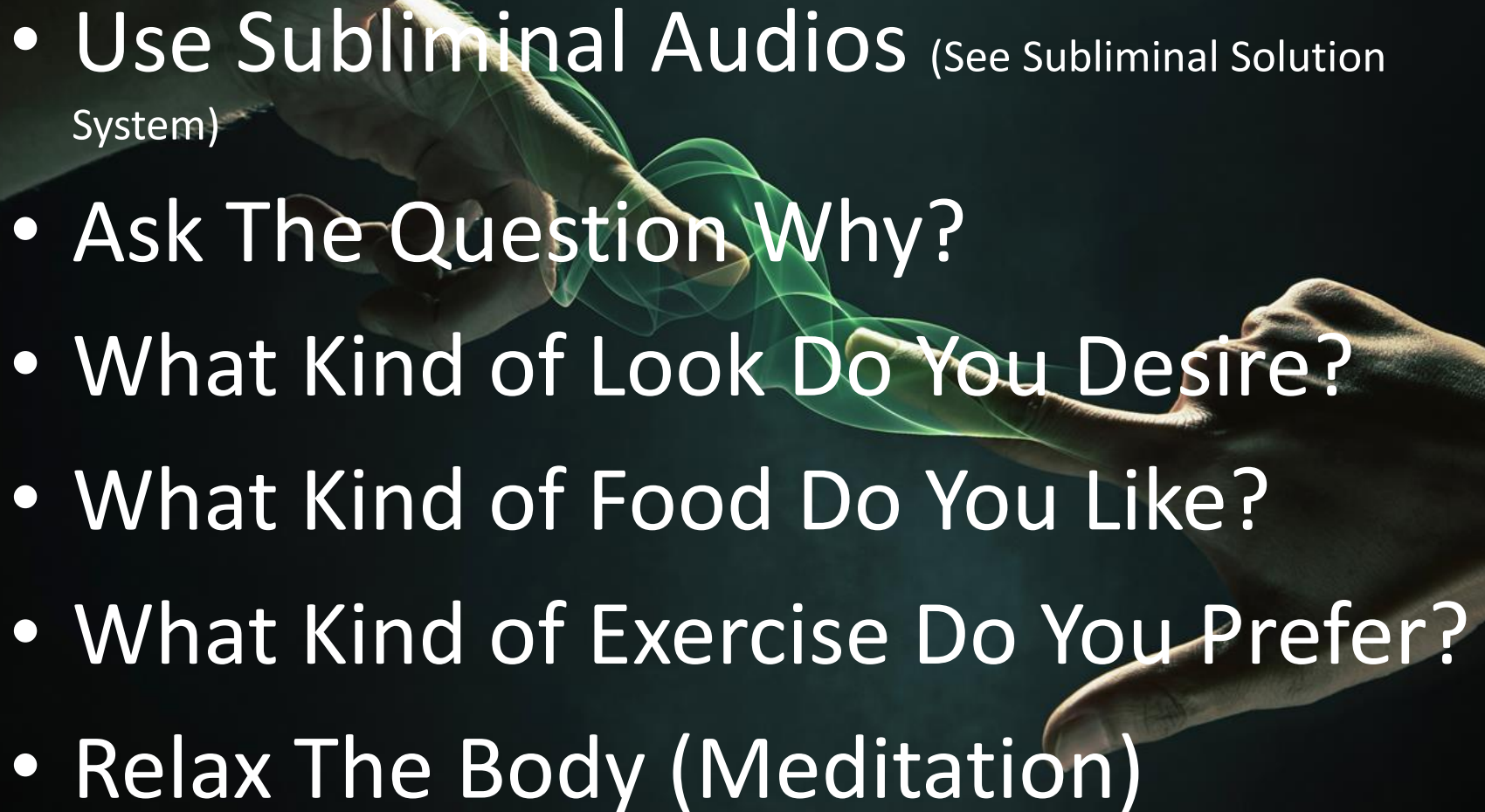
2. Cut Fat

3. Cut Carbs

4. Increase Activity

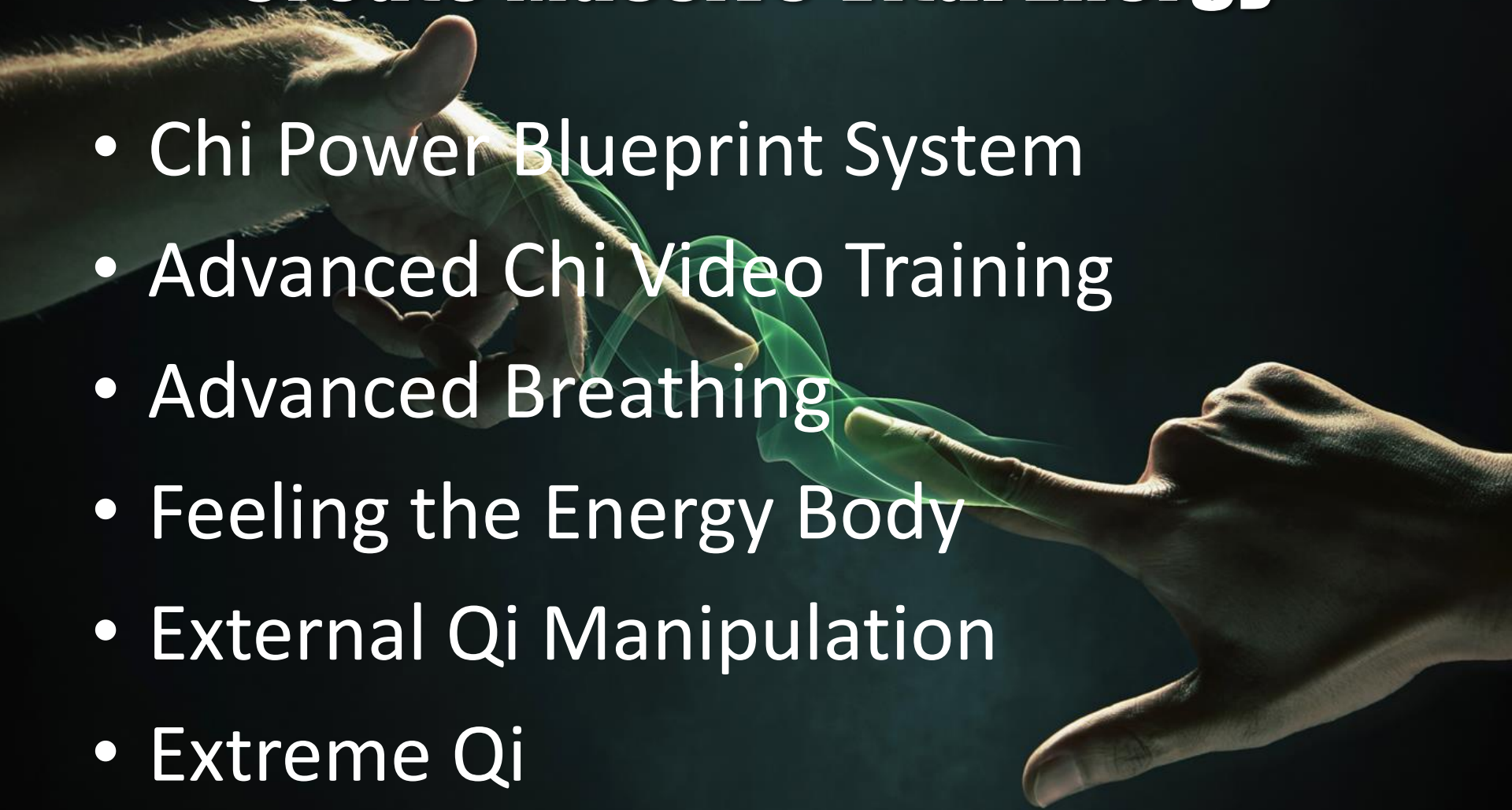


The Simplicity of Body Control

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- The background of the slide features a close-up of two hands, one from the left and one from the right, reaching towards each other. Between the hands, there are several translucent, wavy green lines that resemble energy or light, creating a sense of connection and flow. The lighting is dramatic, with the hands and the green waves being the primary light sources against a dark background.
- Use Subliminal Audios (See Subliminal Solution System)
 - Ask The Question Why?
 - What Kind of Look Do You Desire?
 - What Kind of Food Do You Like?
 - What Kind of Exercise Do You Prefer?
 - Relax The Body (Meditation)

Create Massive Vital Energy

- Chi Power Blueprint System
- Advanced Chi Video Training
- Advanced Breathing
- Feeling the Energy Body
- External Qi Manipulation
- Extreme Qi



A dramatic, low-key photograph of two hands reaching towards each other against a dark background. The hands are positioned on the left and right sides of the frame, with fingers extended. Between the hands, there are several translucent, green, wavy lines that resemble energy or light waves, creating a sense of tension and connection. The lighting is focused on the hands, highlighting their skin texture and the movement of the fingers. The overall mood is mysterious and powerful.

“Mind Control”

Dynamic Mind Control

- How Strong is Your Mind on a Scale of 1-10?
- Do You Solve Problems Easily?
- Is Your Will Power Strong?
- Can You Concentrate on One Thing at a Time?

How to Obtain Mind Control

- Use Subliminal Audios (See Subliminal Solution System)
- Follow The Formula
- Always Ask The Tough Questions
- Feed The Mind Daily
- Rest The Mind (Meditation)

A dramatic, low-key photograph of two hands reaching towards each other against a dark background. The hands are positioned on the left and right sides of the frame, with fingers slightly curled. A vibrant, ethereal green energy field, composed of multiple overlapping, wavy lines, emanates from the space between the hands, creating a sense of tension and power. The lighting is focused on the hands and the energy field, leaving the background in deep shadow.

“Money Control”

Dynamic Money Control

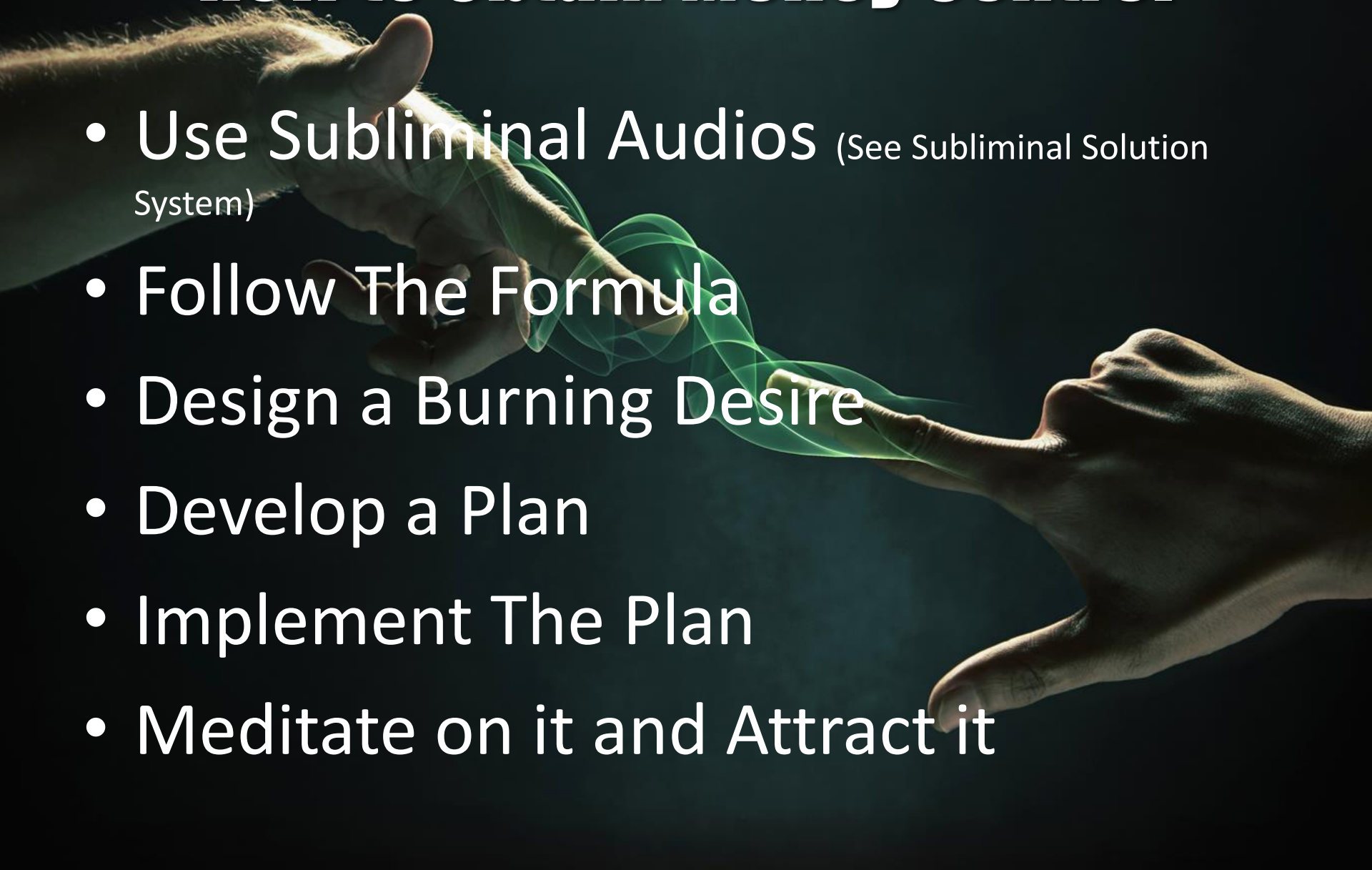
- Are You an Earner?
- Does Money Control Your Life?
- Do You Want More Money?
- Who is The Wealthiest Person You Know?
- Stacking Cash

Changing Your Money Mind

- There is An Infinite Supply
- You Must Believe You Can Attract It
- Once You Attract it, Can You Control it?
- Think in Terms of Abundance Not Lack

How to Obtain Money Control

- Use Subliminal Audios (See Subliminal Solution System)
- Follow The Formula
- Design a Burning Desire
- Develop a Plan
- Implement The Plan
- Meditate on it and Attract it

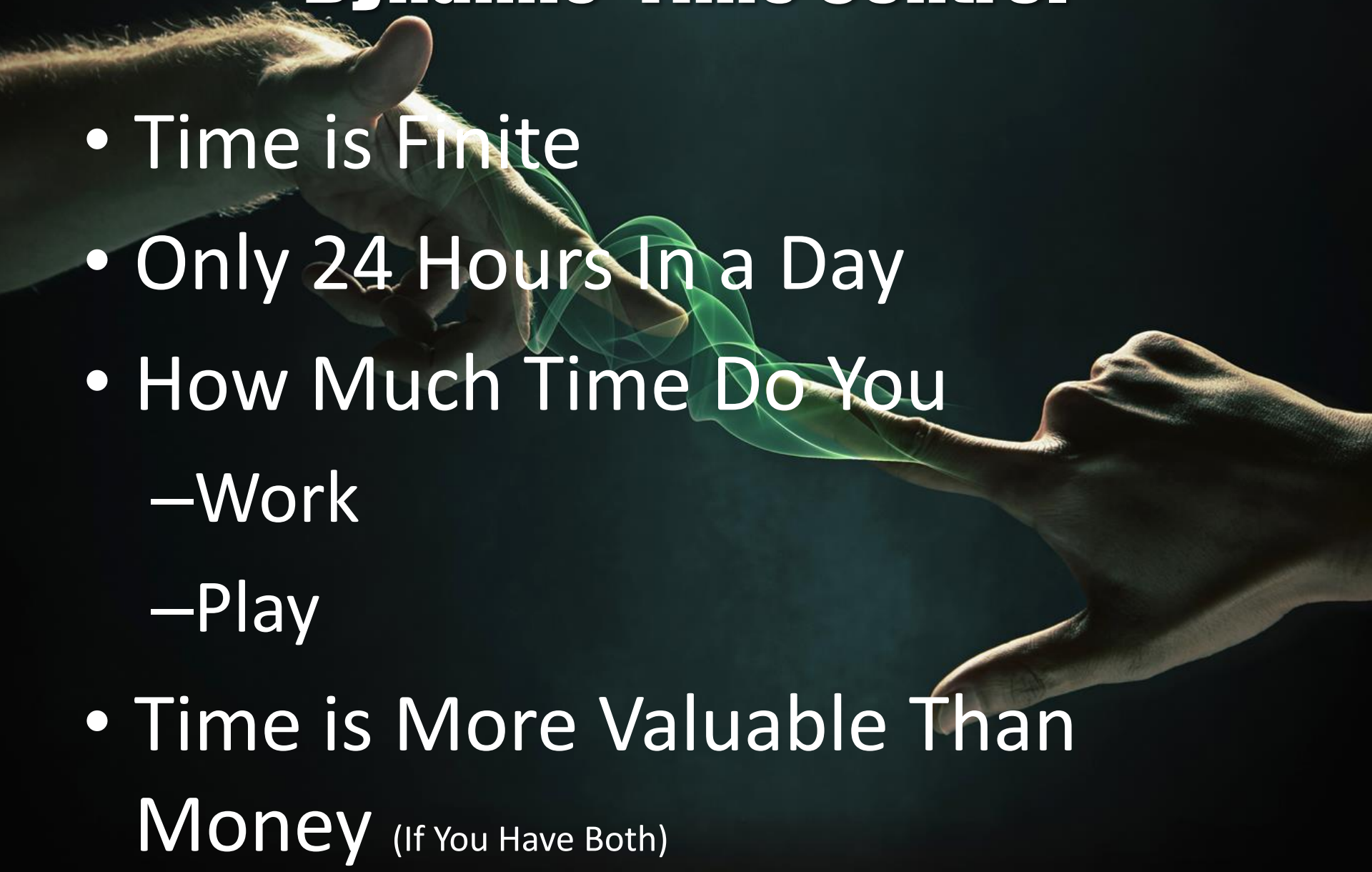


A dramatic, low-key photograph of two hands reaching towards each other against a dark background. The hands are positioned on the left and right sides of the frame, with fingers slightly curled as if about to grasp each other. Between the hands, there are several translucent, glowing green waves or energy lines that flow from the left hand towards the right hand, creating a sense of movement and energy. The lighting is focused on the hands, highlighting their skin texture and the contours of the fingers. The overall mood is mysterious and powerful.

“Time Control”

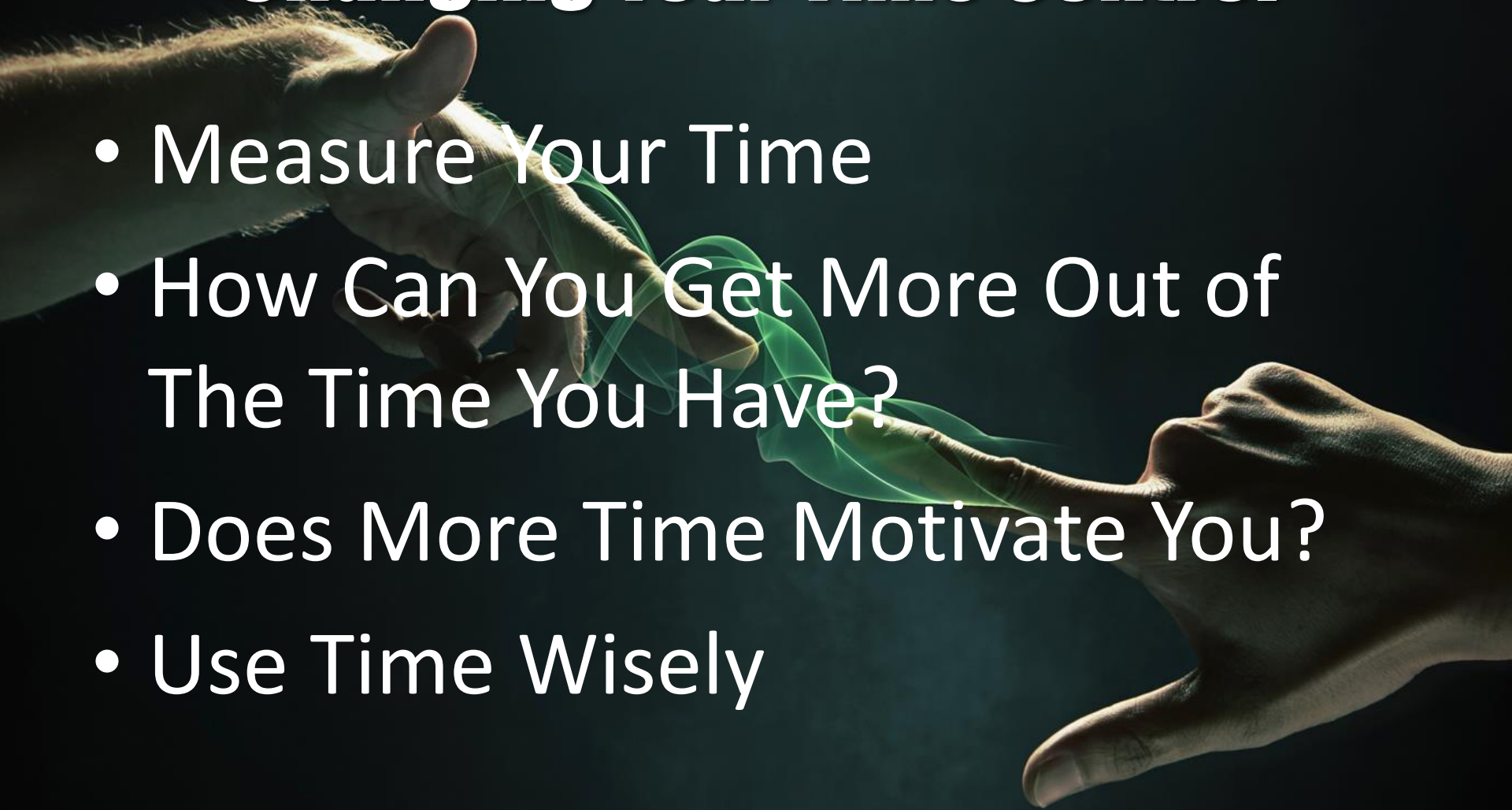
Dynamic Time Control

- Time is Finite
- Only 24 Hours In a Day
- How Much Time Do You
 - Work
 - Play
- Time is More Valuable Than Money (If You Have Both)



Changing Your Time Control

- Measure Your Time
- How Can You Get More Out of The Time You Have?
- Does More Time Motivate You?
- Use Time Wisely



How to Obtain Time Control

- Use Subliminal Audios (See Subliminal Solution System)
- Follow The Formula
- Remove Items That are Time Wasters
- Develop a Plan
- Implement The Plan
- Meditate on it Daily

